

Laundry

5
MINUTES

- Gather 1 load- & make a beeline for the washer-no distractions.
- Put laundry in washing machine, checking for stains/temp/soap.
- Turn it on and let it run.
- Set alarms for the next 3 steps allowing enough time for machine to run.

- Move the load to the dryer, keeping out non-dryer items (shrinkables).
- Run dryer on appropriate setting.
- This will not take 5 minutes, so use extra time to straighten laundry area (remove dryer lint, pick up loose items left from prior loads).

5
MINUTES

5
MINUTES

- Remove clothes from dryer, hang on hangers or fold
- Sort folded clothes into 1 basket per person

- Hang up clothes in closet (already on hangers from laundry room. Lay folded clothes on bed according to area where they belong.
- Put away into drawers or shelves - all folded, neat and done!

5
MINUTES

You can accomplish at least 7 loads per week this way. It's fine to delegate any of the steps to someone (I would advise you to caution about putting shrinkables in dryer - IF IN DOUBT LEAVE IT OUT. Ask me how I know)